

Weekly Child Progress Update Template

A simple structure for showing what improved, what still needs support, and what patterns families should notice.

Name _____

Date _____

What improved this week

PROGRESS WORTH HIGHLIGHTING

WHAT BECAME EASIER

WHERE THERE WAS VISIBLE IMPROVEMENT

What worked well

SUPPORTS OR ROUTINES THAT HELPED

POSITIVE MOMENTS WORTH NOTING

WHAT SHOULD CONTINUE

What still needs support

CURRENT CHALLENGES

WHERE MORE SUPPORT IS NEEDED

WHAT STILL FEELS INCONSISTENT

What I recommend next

NEXT FOCUS

RECOMMENDED SUPPORT OR ADJUSTMENT

WHAT TO TRY NEXT

Useful patterns to notice

PATTERNS ACROSS THE WEEK

WHAT SEEMS TO HELP MOST

WHAT THE FAMILY SHOULD KEEP AN EYE ON

CalmCare worksheet — designed for printing and filling out by hand or on screen.