

# Five Must-Haves Family Clarity Worksheet

A premium clarity worksheet for defining the most important expectations before resentment or confusion builds.

Name \_\_\_\_\_ Date \_\_\_\_\_

## Must-have 1

The must-have itself

\_\_\_\_\_

What this actually means in practice

\_\_\_\_\_

\_\_\_\_\_

Example / notes if needed

\_\_\_\_\_

## Must-have 2

The must-have itself

\_\_\_\_\_

What this actually means in practice

\_\_\_\_\_

\_\_\_\_\_

Example / notes if needed

\_\_\_\_\_

## Must-have 3

The must-have itself

\_\_\_\_\_

What this actually means in practice

\_\_\_\_\_

\_\_\_\_\_

Example / notes if needed

\_\_\_\_\_

## Must-have 4

The must-have itself

\_\_\_\_\_

What this actually means in practice

\_\_\_\_\_

\_\_\_\_\_

Example / notes if needed

\_\_\_\_\_

## Must-have 5

The must-have itself

---

What this actually means in practice

---

Example / notes if needed

---

## Communication expectations

Use this last section for review rhythm and follow-through, not for defining each must-have itself.

**HOW UPDATES SHOULD HAPPEN**

---

---

**WHEN TO CHECK IN AGAIN**

---

---

**WHAT TO DO IF A MUST-HAVE STARTS DRIFTING**

---

---

---

CalmCare worksheet — designed for printing and filling out by hand or on screen.